<div align="center">

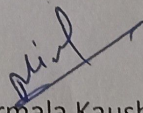**Lesson Plan (Session 2023-24)**

</div>

Name of Deptt. Psychology

Name of Teacher: Dr. Nirmala Kaushik

Subject: Social Psychology

Class   : M.A. (P) 1st sem

Month	Topics to be taught
August	Social Psychology: Nature, history, scope and new perspectives. Methods: Experimental, observation, sociometry and content analysis. The self: Development of self, self concept and self esteem.
September	Socialization: Nature, process, theories- Psychoanalytic, cognitive development, Social learning, ethological. Groups: Nature, types.
October	Social perception: Verbal and non verbal communication, Attribution process, Impression formation. Social cognition: Social inference emotional and motivational Biases, schemas and heuristics.
November	Attitude: Formation, change and measurement. Prejudice and discrimination: Nature, sources, combating prejudice and discrimination. Test and revision.

Dr. Nirmala Kaushik.

Lesson Plan (Session 2024-25)
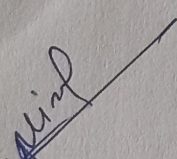
Name of Deptt. Psychology

Subject: Psychopathology

Name of Teacher: Dr. Nirmala Kaushik

Class : B.A. 5TH SEM

Month	Topics to be taught
July	Psychopathology: Introduction, Concept of Normality and Abnormality.
August	Biological models, Psychodynamic models, Behavioral and Cognitive models of Psychopathology.
September	Classification of Psychopathology: Need and DSM system. Diagnostic Assessment: Case History, projective techniques and interview method and tests.
October	Anxiety based disorders: Generalized anxiety disorder, Obsession Compulsion disorder: Symptom and causes Substance abuse: Causes, Consequences and Rehabilitation.
November	Mood Disorder: Unipolar and Bipolar: Symptom and causes. Schizophrenia: Nature, Types and causes, Revision and test.

Note: The teaching methodology is used like power point presentation, models, charts, videos etc. The group discussion, tests and quiz etc are also planned.

Dr. Nirmala Kaushik

Lesson Plan (Session 2024-25)

Name of Deptt. Psychology   **Name of Teacher:** Dr. Nirmala Kaushik

Subject: Psychopathology   **Class**   : M.A. 3rd SEM

Month	Topics to be taught
August	Nature, history, biological and psychological perspective, Classification: meaning, purpose, DSM system of classification DSM -5.
September	Anxiety disorder: OCD, GAD, Panic, specific phobia, Dissociative identity disorder, Dissociative Amnesia, Dissociative depersonalization.
October	Somatoform disorder: Somatization disorder, illness anxiety Disorder, body dismorphic disorder, conversion disorder, Bipolar and related disorders: Bipolar 1 and 11 disorder Cyclothymic disorders.
November	Schizophrenia and Delusional disorder: clinical picture, Etiology and treatment approaches,
December	Substance use disorder: Alcohol abuse and dependence. Drug Drug abuse and dependence, Personality disorder.

Dr. Nirmala Kaushik

Lesson Plan (Session 2024-25)

Name of Deptt. Psychology

Subject: Psychometrics

Name of Teacher: Dr. Nirmala Kaushik

Class : M.A. 3rd SEM

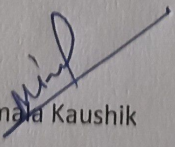| Month	Topics to be taught

August : Psychological testing : meaning, types and history Classification and uses of Psychological tests. Issues in Psychological testing and test biases. Factors influencing test performance- examiner, situational variables and test taker's perspectives

September: Test construction: general steps, Item writing and Item analysis

October: Standardization: concept of test scores and norms and development types of norms: Developmental norms, within group norms- percentiles, standard scores- Zscores. T- scores, sten scores and deviation scores (IQ) Relativity of norms and their interpretation.

November : Reliability and Validity of Psychological test. Reliability- Definitation, coefficient methods of estimatin Reliability. Factors affecting reliability.

Validity- Meaning, types and methods of estimate

Note: The teaching methodology is used like power point presentation, models, charts, videos etc. The group discussion, tests and quiz etc are also planned.

Dr. Nirmala Kaushik
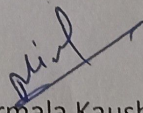
Lesson Plan (Session 2023-24)

Name of Deptt. Psychology

Name of Teacher: Dr. Nirmala Kaushik

Subject: Social Psychology

Class   : M.A. (P) 1st sem

Month	Topics to be taught
August	Social Psychology: Nature, history, scope and new perspectives. Methods: Experimental, observation, sociometry and content analysis. The self: Development of self, self concept and self esteem.
September	Socialization: Nature, process, theories- Psychoanalytic, cognitive development, Social learning, ethological. Groups: Nature, types.
October	Social perception: Verbal and non verbal communication, Attribution process, Impression formation. Social cognition: Social inference emotional and motivational Biases, schemas and heuristics.
November	Attitude: Formation, change and measurement. Prejudice and discrimination: Nature, sources, combating prejudice anddiscrimination. Test and revision.

Dr. Nirmala Kaushik.

Lesson Plan (Session 2024-25)
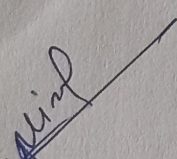
Name of Deptt. Psychology

Subject: Psychopathology

Name of Teacher: Dr. Nirmala Kaushik

Class   : B.A. 5TH SEM

Month	Topics to be taught
July	Psychopathology: Introduction, Concept of Normality and Abnormality.
August	Biological models, Psychodynamic models, Behavioral and Cognitive models of Psychopathology.
September	Classification of Psychopathology: Need and DSM system. Diagnostic Assessment: Case History, projective techniques and interview method and tests.
October	Anxiety based disorders: Generalized anxiety disorder, Obsession Compulsion disorder: Symptom and causes Substance abuse: Causes, Consequences and Rehabilitation.
November	Mood Disorder: Unipolar and Bipolar: Symptom and causes. Schizophrenia: Nature, Types and causes, Revision and test.

Note: The teaching methodology is used like power point presentation, models, charts, videos etc. The group discussion, tests and quiz etc are also planned.

Dr. Nirmala Kaushik

Lesson Plan (Session 2024-25)

Name of Deptt. Psychology   **Name of Teacher:** Dr. Nirmala Kaushik

Subject: Psychopathology   **Class**   : M.A. 3rd SEM

Month	Topics to be taught
August	Nature, history, biological and psychological perspective, Classification: meaning, purpose, DSM system of classification DSM -5.
September	Anxiety disorder: OCD, GAD, Panic, specific phobia, Dissociative identity disorder, Dissociative Amnesia, Dissociative depersonalization.
October	Somatoform disorder: Somatization disorder, illness anxiety Disorder, body dismorphic disorder, conversion disorder, Bipolar and related disorders: Bipolar 1 and 11 disorder Cyclothymic disorders.
November	Schizophrenia and Delusional disorder: clinical picture, Etiology and treatment approaches,
December	Substance use disorder: Alcohol abuse and dependence. Drug Drug abuse and dependence, Personality disorder.

Dr. Nirmala Kaushik

Name of Deptt. Psychology

Name of Teacher: Dr. Nirmala Kaushik

Subject: Psychometrics

Class : M.A. 3rd SEM

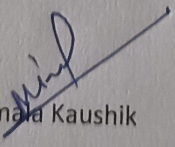| **Month**	**Topics to be taught**

August : Psychological testing : meaning, types and history Classification and uses of Psychological tests. Issues in Psychological testing and test biases. Factors influencing test performance- examiner, situational variables and test taker's perspectives

September: Test construction: general steps, Item writing and Item analysis

October: Standardization: concept of test scores and norms and development types of norms: Developmental norms, within group norms- percentiles, standard scores- Zscores. T- scores, sten scores and deviation scores (IQ) Relativity of norms and their interpretation.

November : Reliability and Validity of Psychological test. Reliability- Definitation, coefficient methods of estimatin Reliability. Factors affecting reliability.

Validity- Meaning, types and methods of estimate

Note: The teaching methodology is used like power point presentation, models, charts, videos etc. The group discussion, tests and quiz etc are also planned.

Dr. Nirmala Kaushik