**Lesson plan - 1st semester, session 2022-23**

**Name of Assistant Professor: Dr. Mamta**

**Subject: Resource Management (Tentative)**

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| **22 August,2022** | **Chapter 1 : Concept of Home Science and its scope** |
|  | Assignments |
| Day 1 | Introduction to Home Science |
| Day 2 | Scope of Home Science |
| Day 3 | Aims and Objectives of FN |
| Day 4 | Aims and Objectives of FRM |
| Day 5 | Aims and Objectives of HDFS |
| Day 6 | Aims and Objectives of CT & EECM |
| **29 August,2022** | **Chapter 2 : Job Opportunities in Home Science** |
|  | Assignments |
| Day 1 | Institutes for Home Science |
| Day 2 | Jobs and self-employment in Foods & Nutrition |
| Day 3 | Jobs and self-employment in FRM |
| Day 4 | Jobs and self-employment in HDFS |
| Day 5 | Jobs and self-employment in Clothing & Textiles |
| Day 6 | Jobs and self-employment in EECM |
| **05 Sepember,2022** | **Chapter 3 : Elements of Arts** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Line |
| Day 3 | Colour |
| Day 4 | Texture |
| Day 5 | Shape |
| Day 6 | Form & size |
| **12 Sepember,2022** | **Chapter 4 : Principles of Arts** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Proportion |
| Day 3 | Balance |
| Day 4 | Rhythm |
| Day 5 | Emphasis |
| Day 6 | Harmony |
| **19 Sepember,2022** | **Chapter 1 : Concept of Home Science and its scope (repeat)** |
|  | Assignments |
| Day 1 | Introduction to Home Science |
| Day 2 | Scope of Home Science |
| Day 3 | Aims and Objectives of FN |
| Day 4 | Aims and Objectives of FRM |
| Day 5 | Aims and Objectives of HDFS |
| Day 1 | Aims and Objectives of CT & EECM |
| **27 Sepember,2022** | **Chapter 3&4 : Repeat** |
| Day 1 | Introduction |
| Day 2 | Line, Colour, Texture |
| Day 3 | Shape, Form & size |
| Day 4 | Principles of Arts, Proportion |
| Day 5 | Balance, Emphasis |
| Day 6 | Harmony, rhythm |
| **9 October,2022** | **Chapter 5 : colour- characteristics and schemes** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Types and characteristics of colours |
| Day 3 | Colour schemes |
| Day 4 | Colour wheel |
| Day 5 | Use of principals of arts in colours |
| Day 6 | Factors affecting use of colours |
| **15 October,2022** | **Chapter 6 : layout of house** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Drawing room |
| Day 3 | Dining room |
| Day 4 | Bed room |
| Day 5 | Kitchen |
| Day 6 | Study room, store and wash room |
| **26 October,2022** | **Chapter 7 : The furniture** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Selection of furniture |
| Day 3 | Use of principles of arts |
| Day 4 | Elements of arts |
| Day 5 | Summary |
| Day 6 | Summary |
| **4 November 2022** | **Chapter 8 : Flower Arrangements** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Types of Flower arrangements |
| Day 3 | Material required for flower arrangement |
| Day 4 | Principles of arts in FA |
| Day 5 | Elements of arts in FA |
| Day 6 | Summary |
| **12 November 2022** | **Chapter 9 : choices and problems of Consumer** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Factors affecting consumer choice and services |
| Day 3 | Hoarding and black marketing |
| Day 4 | Adulterations |
| Day 5 | Problems for consumers |
| Day 6 | Summary |
| **19 November 2022** | **Chapter 10 : consumer Information and aid for consumer protection** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Consumer information |
| Day 3 | Consumer aids |
| Day 4 | Standardisation |
| Day 5 | Guidance |
| Day 6 | Summary |
| **28 November 2022** | **Chapter 11 : Home management, Importance and process** |
|  | Assignments |
| Day 1 | Introduction and definitions |
| Day 2 | Importance of management |
| Day 3 | Process of management |
| Day 4 | Steps in management |
| Day 5 | Steps in management |
| Day 6 | Steps in management |
| **5 December,2022** | **Chapter 12 : Family Resources** |
|  | Assignments |
| Day 1 | Introduction |
| Day 2 | Types of resources |
| Day 3 | Similarities of resources and affecting factors |
| Day 4 | **Chapter 13 : Money Management** |
| Day 5 | Introduction |
| Day 6 | Family budget |
| **12 December,2022** | **Chapter 13 : Money management** |
|  | Assignments |
| Day 1 | Factors affecting budget |
| Day 2 | Planning |
| Day 3 | Importance of budget |
| Day 4 | Supplementing family income |
| Day 5 | **Chapter 14 : Time Management** |
| Day 6 | Introduction |
| **19 December,2022** | **Chapter 14 : Time Management** |
|  | Assignments |
| Day 1 | Factors affecting |
| Day 2 | Planning |
| Day 3 | Tools of time management |
| Day 4 | **Chapter 15 : Energy management and work simplification** |
| Day 5 | Introduction |
| Day 6 | Energy expenditure |
| **26 December,2022** | **Chapter 15 : Energy management and work simplification** |
|  | Assignments |
| Day 1 | Fatigue |
| Day 2 | Energy management |
| Day 3 | Work simplification |
| Day 4 | Method of Work simplification |
| Day 5 | Summary |
| Day 6 | Assignment presentations |